



the Federation Bulletin

Welcome to the Federation Bulletin, your regular newsletter containing a selection of the exciting activities we have been undertaking across the Manchester Federation of EBSD schools.



BUGLAWTON LEAVERS' MEAL

Great company and excellent food ensured everyone at the Buglawton leavers' meal had a fantastic time, reminiscing about the fun times.

What are the odds of turning up to your very own Year 11 leavers' meal and you blend in with front of house? Do you wonder if someone's 'phoned ahead and prepped the waiters to change into all black, or is it something more eerie; perhaps a sub-conscious

glimpse into your future? No, Liam was dressed the same as the waiters, tie included.



The staff at *Bem Brasil* in Altrincham thought it was great and Liam saw the funny side of it too. You've got to admit, Liam casts a dashing figure alongside the 'real staff' but we did have to make him sit down and enjoy his meal with the rest of us!



MUSIC, RHYTHM AND BEATS!

Every Wednesday afternoon pupils get creative at the Zion Centre which offers a spacious setting for pupils to explore a world of musical opportunities.



As a group, pupils can create pulsing beats on the drums, learn how to produce piano arrangements and appreciate the acoustic/electric guitar.

Although Wednesday's sessions are about having fun they are also linked to an accredited grading scheme; 'Rock School'. The sessions teach them key skills which can then be applied to playing their favourite tunes.

Pupils are also being offered one to one music lessons, free of charge, with a highly qualified and experienced music tutor after school on Mondays.

We are hoping that this will lead to pupils showcasing their talents through video recordings or an end of term concert for parents/carers to enjoy!



SUCCESSFUL FOOTBALL TRIAL PAVES WAY FOR WEEKLY FOOTBALL SESSIONS AT MEADE HILL



A new year has brought new opportunities for pupils at Meade Hill. All pupils were invited to take part in an open training session on the state of the art 3G pitch situated in front of Meade Hill at Our Lady's RC High School.

Every child in school was invited to take part in the session, and uptake was predictably high. Pupils took part in a light warm up session, led by Mr Galloway prior to a series of 15 minute matches that gave every child an opportunity to play with everyone else.

The attitude and commitment of everyone involved was excellent, Miss Kennedy commented on how, "It was nice to see so many people with smiles on their faces". The effort put in by everyone at the session was excellent, and the attitude and team work skills, was a pleasure to watch.

Due to the success of the session, football training will be a weekly event and all pupils will be encouraged to join in. Each week pupils will be put through their paces, and will complete a variety of different drills, to get them ready for playing in competitive matches for the school team.



EXCITING EQUESTRIAN AT THE ROYAL WINDSOR



Karen West and a P... to attend the Royal British Horse Association Horses Event. Royal Windsor is the UK's largest and takes place in the grounds of Windsor Castle. The International Show is the highest level po...



‘MASTERCHEF’ COMES TO SOUTHERN CROSS

Southern Cross recently tested out pupils’ culinary skills by staging a ‘Masterchef’ competition. In Lesson 1 each class was given a mystery bag of ingredients with which to plan a 3 course meal. Over the course of the day each group had 45 minutes to create their dishes which were to be tasted by a discerning judging panel, Mr Parrish and Dean Branford.

They were judged on teamwork, creativity taste and presentation. A number of dishes stood out, and one group even tried to buy some votes by naming the dishes after the judges. All groups worked very hard and displayed outstanding teamwork, and all managed to present 3 dishes, starter, main and dessert in the strict time limit. It was extremely difficult to for the judges to come to a decision and pick a winner.

Eventually it was the teamwork and determination of Group 8, under the guidance of Jay and Mr Khan that stole the victory. Congratulations to Dylan, Darren, Rico, Lance, Andre S, Connor P and Mathew.



EQUESTRIAN OPPORTUNITIES AT WINDSOR HORSE SHOW

Two PET student were invited to the Windsor Horse Show, Association Careers with the Windsor Horse Show outdoor premier Show on the private grounds. The Show hosts 5* Eventing, Jumping (which is possible) as well as 4*

International dressage and 4* International Carriage Driving. The day provided an opportunity to enjoy one of the most celebrated events of the equestrian calendar in addition to providing the opportunity to find out more about the career opportunities available within the equestrian industry. The show was a five day event and featured top-class equestrian action in four equestrian disciplines as well as more than 120 showing classes. During the afternoon experts were on hand to provide an insight into their industry and

role; answer questions and provide tips and advice on how to develop careers.



WATERSPORTS ON OFFER AT WYTHENSHAW CAMPUS

One of our enrichment activities is water sports. Our young people take to the water, participating in a number of activities at *Helly Hansen Watersports*, Salford.

Our current programme runs for five weeks and young people are able to take part in sailing, windsurfing, kayaking, canoeing and surfing. We have found that the water has a calming and stress-relieving effect, as well as improving confidence and increasing skills.

The sessions are an hour long and are led by a fully qualified tutor. Young people are kitted out with helmets, wet suits and life jackets allowing them to be safe at all times.



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